



# Northumbria Healthcare

## NHS Foundation Trust

### Meet the apprentice

We are introducing to you **Jack Marley**, a Healthcare Support Worker apprentice at Northumbria Healthcare NHS Foundation Trust.

1

How did you get your apprenticeship?

I left sixth form after completing my first year studying A level PE and Psychology. I applied online and was successful in the interview.

2

Who is your training provider and what is the study model like?

Northumbria Healthcare is my training provider, and they also provide the coursework within Northumberland based hospitals in education centres and libraries.

**3**

What types of things have you been doing in your off-the-job learning?

I have been attending extra training courses such as Basic Life Support and Infection Prevention, which was part of the Physiotherapy team. I have also been completing workbooks and writing reflections on my clinical work.

**4**

What has been the hardest part?

The hardest part for me was adapting to working 8 hours a day everyday, but I soon got used to it.

**5**

What has been the best part?

The best part was meeting and working in so many great Physiotherapy teams, both at Wansbeck General Hospital and The Northumbria Emergency Specialist Hospital. It was fantastic to be able to work under and alongside such great people everyday. It showed me just how nice the staff are and the care provided to the patients by them is of high quality.

**6**

What tips do you have for people who want to do the same apprenticeship as you?

At first, it might be completely not your thing, you might not like which ward/ department you are on but always think about the end goal and work towards it to ensure it happens the way you planned it.

Make sure that you take every opportunity possible and enjoy it.

**7**

What do you hope to do next?

I hope to get some work as a Physio Assistant in the short term, and then next year I hope to go to university and study Physiotherapy. My ambition is to qualify as a Physiotherapist.