

# Stefanie Carruthers

## Level 2 Healthcare Support Worker



### Bridgewater Community Healthcare NHS Foundation Trust

#### Level 2 Healthcare Support Worker

You can access the standard [here](#).

Healthcare support workers (HCSWs) work as part of a team providing high quality and compassionate care to individuals. They carry out well-defined routine clinical duties like monitoring an individual's conditions (by checking things like blood pressure, temperature or weight), checking on their overall progress, comfort and wellbeing. They prepare individuals for healthcare activities carried out by other members of the healthcare team, looking after them before, during and/or after those activities in line with their care plan.

Meet Stefanie Carruthers, a Level 2 Healthcare Support Worker apprentice working at Bridgewater Community Healthcare NHS Foundation Trust .

We spoke with Stefanie about her apprenticeship journey, keep reading to find out more.



## **1. What apprenticeship are you studying and what does it involve?**

I am a Level 2 Healthcare Support Worker (HCSW) Apprentice working towards a Level 2 – Diploma in Care

My study involves attending college and having study time away from work. I am also continually supported by my college and work mentors to develop my knowledge, skills and behaviours in the workplace.

## **2. Why did you want to do the apprenticeship?**

As I was brand new to the NHS and to the care setting, I wanted a qualification which would enable me to step into NHS and learn the foundation knowledge and skills to become a good Healthcare Support Worker.

## **3. What is your current role?**

I am a Health Care Support Worker Apprentice with the Dermatology service.

## **4. How did you get into your current role?**

I applied for my current role through an advertisement I saw on social media (Facebook). I initially completed the job application online. From there, I completed a maths and English test online and I was then invited to take part in the interview process.

I was delighted when I heard I was successful and was able to begin a brand-new chapter in the NHS.

## **5. What has been your proudest achievement on your apprenticeship to date?**

Completing the Care Certificate, completing the modules and workbooks and achieving the practical competencies to pass. Our certificates were awarded by the Trust's Deputy Chief Nurse.

## **6. What do you want to do once you complete your apprenticeship?**

I will be able to progress on to my Level 3 and then after that I would love to carry on in the NHS and eventually complete the Trainee Nursing Associate programme.

## **7. What would you say to someone considering an apprenticeship?**

To just do it! The apprenticeship is a fantastic opportunity for on-the-job training. It has given me the opportunity to change careers, still earn as a single parent and become part of a sector I have wanted to work in for years.

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