

# Danielle Lenihan

## Bridgewater Community Healthcare NHS Foundation Trust



**Danielle Lenihan is a Trainee Nursing Associate Apprentice at Bridgewater Community Healthcare NHS Foundation Trust. We spoke to Danielle recently about her experiences of the Care Certificate, keep reading to find out more.**

### **What is your current role?**

I am a Trainee Nurse Associate within the District Nursing Team at Warrington South.

### **How did you get into your current role?**

I was previously a HCA (Healthcare Assistant) within the same team and was encouraged by the Clinical Educators and Practice Education Facilitators to apply for a progression role, which is funded and supported by the trust.

### **What were you doing when you completed the Care Certificate?**

I was a Healthcare Assistant within the District Nursing Team.



### **What did you like about the Care Certificate, has it helped you in your role?**

The Care Certificate helped me to understand the principles and techniques of my role, whilst underpinning pre-existing knowledge and skills.

**The Care Certificate is an identified set of standards that health and social care workers adhere to in their daily working life. [Click here](#) to learn more about the Care Certificate.**

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#### Have there been any challenges?

Initially I was overwhelmed by the amount of standards to cover in the Care Certificate. However, I had really good support from my peers and my clinical educator, who were able to help me understand how many of the standards actually link together. I was also supported by one to one supervision and group workshops to cover some areas of the Care Certificate that I would be unable to meet within my role.

#### What are you doing now, did you undertake the care certificate as part of an apprenticeship?

I am now a Trainee Nursing Associate Apprentice within Bridgewater Community Healthcare NHS Foundation Trust and I am studying at Liverpool John Moore's University. The Care Certificate was a part of the criteria on my application for this role.



**I would recommend the Care Certificate to a new starter as it really helps you to understand your role. I feel that learning the underpinning knowledge and skills are essential for you to be competent within your job.**

