

LORRAINE MCCOSKRIE

BAY MEDICAL GROUP



Lorraine McCoskrie is a HR and Development Manager at Bay Medical Group.

We spoke to Lorraine recently about her experience of undertaking an apprenticeship, keep reading to find out more.

What apprenticeship are you studying and what does the study involve?

I am currently undertaking the Level 5 Coaching Professional apprenticeship standard.

What is your current job role?

I am currently a HR and Development Manager.

What have been the biggest challenges?

The biggest challenge has been balancing time for study with the need to do the job.

What has been your proudest achievement on your apprenticeship to date?

I am now qualified level 5 coach as a result of the apprenticeship.

What do you want to do once you complete your apprenticeship?

Use the KSB's (Knowledge, Skills and Behaviours) I have developed to roll out a coaching approach in the practice to develop a culture that adopts a coaching mindset to development and problem solving.

What would you say to someone considering an apprenticeship?

Make sure it is something that you really want to do and you are able to identify the benefits for yourself and the organisation.

Do you have any final comments?

I am grateful for the chance to undertake a coaching apprenticeship; I would not have had the chance to develop my skills to this level otherwise.